

ACTO PROFESSIONAL MEMBERSHIP BY GRANDPARENTING

ACTO is currently reviewing its membership levels. They will be changing on 1st October 2020. We will be reviewing our grandparenting process as part of this review. This is the current process.

ACTO recognises that many therapists may have worked online for many years and have received training from a variety of sources. The Grandparenting route to Professional Membership recognises this and provides an alternative route to Membership.

The applicant will have to:

- Demonstrate that they have a core training in counselling, psychotherapy, clinical psychology or similar and are registered with a professional body (in the UK: BACP, UKCP, BPC, BPS, NCS or similar);
- Demonstrate that they have accumulated a training portfolio of at least 80 hours of training specifically in online therapy – in assessed courses of no less than 10 hours duration each;
- Confirm that their training portfolio covers all the issues outlined in the [***ACTO Competences***](#);
- State which media they are trained to work in (live chat, audio, email, video – and any other, e.g. avatar therapy);
- Present a personal reflection of around 1,500 words describing their online practice and referencing the [***ACTO Competences***](#); a link to your website would be helpful;
- Provide a case study of 2,000 – 3,000 words, demonstrating their understanding of the various aspects of online therapy, drawing on (anonymised) material from one or more sessions;
- Provide a satisfactory reference from their current supervisor.

The cost of a grandparenting application is £100 – which will cover administration, consideration of the training portfolio and the personal reflection – and membership of ACTO for the current year. This pricing structure will be subject to review along with the other anticipated changes mentioned in the opening paragraph.

To apply, please complete the “**ACTO Application for Professional Membership Grandparenting Route 2020**” which you can download from [***here***](#). Please return the forms to the ACTO Administrator at: [***office@acto-org.uk***](mailto:office@acto-org.uk)

CORE Net

[***https://acto-org.uk/core-net/***](https://acto-org.uk/core-net/)

**Professional
Membership
Benefits**

ORCHA Assessed Mental Health
Apps

[***https://acto-hub.orchaco.uk/***](https://acto-hub.orchaco.uk/)

Association for Counselling and Therapy Online