

## Research & Development Director's Report 7<sup>th</sup> April 2018

\* Denotes the inclusion of attachments which are listed at the end of this report

### Management and Development of ACTO structure

I personally feel that this should have a separate director managing this as, although it has a wing in R & D I feel the R & D role is so big that we would benefit from having a director managing the structure of ACTO, and ensuring that the Constitution and ACTO structure including the various sections are reflected ACTO's current and future need and that we manage and update and use The Constitution fully.

I feel we need two vice-chairs, neither of whom should have too many other responsibilities but who understand and management the structure and vision of the organisation.

- 1) Structural Vice-Chair: this Vice-Chair would be responsible for developing organisational aspects of ACTO and would be responsible for ensuring the Constitution and the Mem and Arts are doing their job.
- 2) The second Vice-Chair would be responsible for Members' interests, including training and standards.

In particular I sense we need at least four additional directors, a secretary, a training director, an organisational director (this is to help develop bringing in organisations to ACTO), a GDPR Officer

We need to formalise Anne Frost's position as GDPR Officer and also her position as book keeper.

Temporarily I am managing the organisational members. We currently have the following applications:

Dr Julian	Accepted by the BoD March 2018	Acceptance letter pending being sent
Private Practice Hub	Accepted by the BoD March 2018 The BoD need to discuss whether they are happy to accept a contra deal	
* South Wales Schools Service?		
* Orcha?		

### Association for Counselling and Therapy Online

## R & D Working Group

We are lucky to have such a great Working Group who are as enthusiastic about R & D developments as I am.

Lalage Harries will hopefully be joining this group from May but not taking on any major roles.

We have agreed that the working group chairmanship would rotate and March's meeting was chaired by Alesia Moulton-Perkins. The focus of the meeting was a presentation by John Mellor-Clarke and Simone, his wife, regarding the proposed CORE / ACTO pilot. Rachael Klug is leading this project on behalf of ACTO. (See more information further on under ACTO projects).

The chairing of this meeting rotates and is as follows until September:

Name	Month Chairing
Duncan Branley	
Carole-Francis-Smith	12 May 2018 (1 hour)
Lalage Harries (from May)	
Rachael Klug	08 Sept 2018 (1.5 hours)
Vesna Mandic-Bozic	09 June 2018 (1.5 hours)
Margareta Mayhew-Pilaar	
Alesia Moulton-Perkins	10 March 2018 (1.5 hours)
Jan Stiff	14 July 2018 (1.5 hours)
Pip Weitz	14 April 2018 (1.5 hours)
Debbie Van Den Berg	

## R & D Working Group Projects

We have five main streams of work at the moment:

### 1) R & D Student and Professional Research Projects

This has two strands:

- a) **Researchers and Student Researchers:** I have prepared a form for researchers and student Researchers to complete and a second one for the website. (we will send this to anyone submitting at a student researcher or asking to add a project to our list). \* \*
- b) **Topics needing researching:** We need to prepare a list of topics that we feel would be important to research and match to researchers looking for thesis project titles. We could tie in with masters and doctoral programmes at Surrey and other universities. Pip has prepared a possible Excel sheet to list these titles. \*

Project Lead: **Alesia Moulton-Perkins**

2) **ACTO / CORE Pilot.**

This is an extremely exciting project involving a pilot currently being prepared involving six ACTO therapists in being trained by CORE to use CORE in the online setting working over three months therapeutically using CORE. We will each be trained by Simone Mellor-Clarke.

The pilot will be completed by September when we will write up the outcomes and results for publication and review.

We are incredibly lucky to have negotiated this pilot, which is at no cost to ACTO, and it is very generous of CORE. If this project is successful we hope that we might be able to propose CORE together as a membership benefit for ACTO members. We recognised there will be a major cost to implement this, but this is all to be considered once the pilot is completed.

The overarching benefit of such implementation would be to provide a vast pool of research data.

**ACTION: The R & D Working Group seeks the ACTO Board of Directors' formal approval for this pilot at the April BoD meeting.**

Project Lead: **Rachael Klug**

Project Cluster: Rachael, Alesia, Margareta, Jan and Pip

Co-opted: Sarah Worley-James and Lalage Harries for review and advice

3) **ACTO/PHH/Orcha Apps Project.**

This is a proposed project between Orcha <https://www.orcha.co.uk/> and Private Practice Hub <https://privatepracticehub.co.uk/>, including The Online Therapy Hub <https://privatepracticehub.co.uk/onlinetherapyhub/>. PPH and Orcha are organisational members.

This project will enable our members to have access to a dedicated page on our website with (mental) health apps .... The following is a sample beta site for this page. <https://acto-hub.orchahhealth.co.uk>. Another example is <https://boots.orcha.co.uk/>.

This is a three way partnership between Private Practice Hub (and the Online Therapy Hub which Carole F-S and I have been helping for some years). There is no cost to either organisation for their organisational membership as we recognise that this is an equal partnership between the three organisations. A contract will be signed between the three organisations.

In addition to the tri-branded page for the apps both PPH and Orcha will have their own organisational pages. Initially this project will last two years, but with a renewable contract.

There are tools (as opposed to apps, e.g. ProReal, Skype) that do not fit currently within Orcha's review of apps and the three organisations will need to work out a method for reviewing these for the foreseeable future.

The next meeting between Orcha, PPH and ACTO is on 10<sup>th</sup> April and Pip suggests including two ACTO members to take part as this meeting will decide the format for the apps and which themes we feel to be the key ones.

The draft contract between the three organisations is included for the BoD's approval. \*

**ACTION: The R & D Working Group seeks the ACTO Board of Directors' formal approval for this pilot at the April BoD meeting.**

Project Lead: **Pip Weitz**  
Project Cluster: Carole & Pip  
Co-opted: None

4) **Children & Young People**

Project Lead: **Jan Stiff**  
Project Cluster: Margareta and Rachael  
Co-opted: None

**Developing a library** for ACTO members, lead

Project Lead: **Alesia Moulton- Perkins**  
Project Cluster: None  
Co-opted: None

### Paperwork

- a) We have a googlesheet for main decisions – not yet being used much – access problems
- b) We are storing our paperwork in the dropbox in the R & D area. This is being used successfully.

### Attachments

- South Wales Schools Service Application for Organisational Membership
- Orcha Application for Organisational Membership
- ACTO Application for a STUDENT RESEARCH PROJECT to be on the website
- ACTO STUDENT AND PROFESSIONAL RESEARCH PROJECTS
- ACTO Subjects requiring research
- Draft Contract between Orcha, PPH and ACTO